

INPATIENT REHABILITATION

Where individuals go for their rehabilitation can make all the difference in their recovery. In 2019, a total of 1,481 people chose Kessler Institute in Marlton to help them regain their strength, skills and mobility... and rebuild their lives.

While the majority of our patients were from southern New Jersey and the greater Philadelphia region, others travelled to our Marlton campus from states across the nation. Our patients ranged from 19 to 100 years old, with an average age of 68. We treated an almost equal number of men and women.

Understanding Patient Needs

As an acute rehabilitation hospital, Kessler Institute is able to admit patients more quickly than other post-acute care providers, about 12 days post-injury on average depending on diagnosis. Studies show this early start helps to optimize recovery.

The **Case Mix Index (CMI)**, a standard measure of the medical complexity of patients upon admission, is generally higher at Kessler than at other hospitals

across the nation. This means that the patients we treat are often more complex due to the extent of their injuries or illnesses, other medical conditions or complications, and/or age-related factors.

Defining Patient Care

Treatment is tailored to individual rehabilitation goals, and includes an average of three hours of physical, occupational and/or speech therapy at least five days per week. Our medical and clinical staff provide 24/7 oversight, along with psychology, neuropsychology and other specialized services as warranted.

In some cases, patients required more extensive testing or medical services than we provide, which resulted in about 13% being transferred to an acute care hospital. Most returned to Kessler Institute and successfully continued their rehabilitation.

Depending on their diagnosis, plan of care and progress, patients had an **average length of stay** of 13 days and were discharged successfully to

PROFILE OF INPATIENTS TREATED AT KESSLER INSTITUTE IN MARLTON DURING 2019

	Spinal Injury	Brain Injury	Stroke	Neurologic	Amputation	Orthopedic	Cardiac	General ¹
Patients Discharged	89	259	445	44	57	345	55	187
Total Patients (%)	2%	5%	8%	1%	1%	6%	1%	3%
Case Mix Index (CMI) ²	1.67	1.50	1.71	1.52	1.37	1.15	1.37	1.35
CMI Nationally	1.72	1.47	1.63	1.41	1.44	1.26	1.19	1.42
Average Age (Years)	62	66	72	57	68	65	71	70
Average Onset (Days)	11	16	8	10	50	6	18	16
Average Length of Stay (Days)	14	13	15	16	13	11	12	12
Extent Goals Met (%) ³	96%	98%	96%	89%	100%	97%	100%	98%
Patient Satisfaction (%) ³	95%	98%	97%	100%	100%	95%	100%	100%
Patients Who Would Recommend Kessler (%) ⁴	100%	100%	100%	100%	100%	98%	100%	100%

¹ Includes cancer, pulmonary and other medical conditions. ² Higher CMI reflects more medically complex patients. ³ Patients who rated their Kessler experience as "excellent" or "very good." ⁴ Patients who indicated they would likely or probably recommend Kessler.

OUTPATIENT REHABILITATION

home and the community, or transitioned to the next appropriate level of care.

Kessler patients have greater functional improvement and are more likely to go home than to a nursing or sub-acute facility compared with similar patients nationally.

Measuring Patient Outcomes

Outcomes are assessed using several indicators, including standardized industry measures that gauge improvement in self-care (bathing, dressing, eating, etc.) and mobility from the time of admission to discharge. We are proud that our patients' scores exceed national benchmarks.

Patient satisfaction is another key indicator and Kessler patients consistently expressed a high level of satisfaction with the care they received and the degree to which they met their rehabilitation goals. Overall, 97% achieved their predicted outcomes based on both individual progress measures and an independent patient survey that measures the extent to which our services helped them meet their goals. More than 99% also indicated they would recommend Kessler to others, which again surpassed national benchmarks.

Exceeding Patient Expectations

We understand that patients and their families choose Kessler Institute for many reasons: the quality of care; the expertise and experience of our staff; the integration of advanced treatment, technologies and research; and the functional gains our patients make. As always, we are proud of our patients' accomplishments and respectful of the trust that they and their families place in us. □

Kessler Institute offers an exceptional continuum of care for individuals with stroke, brain injury, spinal injury, cancer, amputation, orthopedic trauma, musculoskeletal conditions and neurologic diseases, including Multiple Sclerosis (MS), Parkinson's disease and Amyotrophic Lateral Sclerosis (ALS).



“My Kessler team was phenomenal. They provided the care and therapies I needed, and encouraged me to tackle my challenges literally one step at a time.”

JIM / NEUROLOGIC DISEASE

In 2019, a total of 1,093 people received outpatient rehabilitation at our Marlton campus. These patients, of whom 49% were male and 51% female, ranged in age from 17 to 96 years, with an average age of 64. While the nature and extent of treatment varied by diagnosis and individual needs, goals and progress, our patients benefitted from advanced physical, occupational, speech, aquatic and other specialized therapies. More than 81% of these patients and their families expressed satisfaction with the care received and would recommend Kessler to others.

Physical therapy and other outpatient services, including occupational, hand, and speech therapies, as well as neurologic and cognitive rehabilitation programs, are also provided at our more than 95 Kessler Rehabilitation Center locations throughout New Jersey. □

Kessler Institute has pioneered the course of medical rehabilitation since 1948. Today, we continue to lead this field by leveraging our collective knowledge, embracing best practices, exploring new avenues of treatment and adopting the innovative technologies that support each patient's recovery.

INPATIENT PROGRAMS

Stroke

Brain Injury

Spinal Injury

Neurologic Diseases

Orthopedic Trauma

Amputation

Cancer

Cardiac Recovery

For more information, to schedule a tour or to discuss admission, please call 856.988.4106 or visit kessler-rehab-marlton.com.



Kessler Institute complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

ATTENTION: If you speak a language other than English, interpreter services are available to you free of charge. Call 888.735.6332.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 888.735.6332.

OUTPATIENT SERVICES

Aquatic Therapy

Balance & Vestibular Rehabilitation

Cancer Rehabilitation

Cognitive Rehabilitation

Fall Prevention Program

Hand/Upper Extremity Therapy

Lymphedema Management

Occupational Therapy

Osteoporosis Management

Pain Management

Physical Therapy

Physician Services

Spasticity Management

Speech Therapy

Spine Rehabilitation

Swallowing Dysfunction

Wheelchair Seating & Mobility Clinic
